

## Tell Me about ONEG

### What is Oneg?

Oneg is a Hebrew word meaning “joy or delight of Shabbat”. It is a time of food and fellowship with other believers on the Friday evening of Shabbat. At Beth David, we share Oneg after our Friday evening Shabbat service.



### Who brings the food?

Except for first time visitors, we *all* do. This is an opportunity to be a blessing to the people of our congregation as you bring food to share for your evening meal.

First time visitors are not expected to bring food and are invited to join us as guests for Oneg. Our first time visitors and other honored guests are invited to go to the head of the line for the Oneg table.

### What should I bring?



We ask all regular attendees to bring an entrée, side dish, salad, or dessert every week. You should bring enough food to feed 8-10 people. *Please do not bring foods containing pork or shellfish.*

### Where do I put my dish?

Bring your prepared dish to the kitchen serving window. **All dishes should be labeled with your name.** (Stick on a return address label!!)

Please leave your serving utensils at home. Beth David will provide the spoons, ladles, etc., needed for serving.

### Can I prepare my dish at Beth David?

Please do not plan on doing food preparation at Beth David – our facilities are small and food preparation space is limited, especially at the time we are receiving food dishes before the Shabbat Service.

Your dish needs to be prepared in advance: fruits, vegetable crudités, bread, crackers, baked goods, etc., should be sliced and prepared on a serving dish at home. Purchased food needs to be cut into serving size pieces before presenting to Beth David for Oneg.



### How is food kept hot or cold during the service?

Hot dishes will be placed in an oven to keep warm. The oven is preheated to 350 degrees before service and then turned off after food has been placed inside. The resulting “keep warm” temperature is not hot enough to cook dishes that are cold. We do our best to keep your dish highly presentable, but due to the variable length of service, some items may occasionally be overcooked or less warm than desired.

Crock pots will be plugged in and kept at the temperature you have preset.

If your dish needs to be kept warm, please use an oven-safe dish and bring it covered with foil or an oven-safe lid. Remember to remove any plastic wrap, as all (non-crock pot) hot dishes will be going into a hot oven. Please be sure that handles on your dish or pan are also oven-safe.

***Our “keep warm”  
temperature will  
not heat foods  
that are cold.***

Cold dishes will be kept refrigerated until serving time. If you have a dish that needs last minute add-ins (such as a salad with dressing), the additions will be made just before serving. Just let us know when you drop off your dish what needs to be done.

Food is rotated onto the Oneg table so the people at the end of the line will also have fresh dishes from which to choose.

### **What do I do to help?**

Our weekly Shabbat Service and Oneg both require a lot of preparation and clean-up. Serving in this way creates the opportunity to develop close relationships with others in our synagogue. Please don't miss out on how Adonai intends to bless you!

Before service, chairs and tables must all be set up. Wayne, Jim and Darlene will be happy to direct you if you show up at 5:00 PM with a servant's heart!

After Oneg, *everyone needs to lend a hand.* Just as it is at home, we all like to eat but no one likes to do the after-dinner clean up!!



We need *everyone* to help with clean up. Parents can use this as an opportunity to teach their children the joy of serving in the Body of Yeshua – and maybe you will find your children begin serving more at home, too!

### **What do I do after Oneg?**

- Throw away all used paper plates, napkins, utensils and cups.
- Tablecloth stains need to be treated with stain remover before washing. Bottles of *Spray and Wash* will be available on a table near the kitchen. Bring your table cloth, shake off all crumbs into the garbage can and then spray any stains. Fold or roll the cloth and leave it on the *Spray and Wash* table.
- Pick up any food or paper droppings on the floor to make vacuuming easier.
- Table decorations should be brought to the cleared serving table by the kitchen for storage preparation.
- Fold and hang your chair on the chair rack.
- Help is needed to fold and put away tables and to set up for our Torah Study on Shabbat (Saturday) mornings.
- Regular volunteers are needed to assist the worship team with moving the audio equipment into storage.

Please look around and help those who are physically unable to help with the cleanup.

And before leaving, remember to pick up your Oneg dish from the serving cart in front of the kitchen window.

If we all do our part, we will all have “Shabbat Shalom” and grow as the family of Yeshua!